



United Way Backpack Program  
Food & Drink List

Drink Items:

Capri Sun  
Apple Juice  
Juice Boxes  
SunnyD

YooHoo  
Kool-Aid Bursts  
Barrel Fruit Drinks

Snack Items:

Pudding Cups  
Fruit Snacks  
Fruit cups/Apple Sauce

Cracker Packs  
Trail Mix Packs  
Pretzel packs

Breakfast Items:

Granola Bars  
Indiv. Cereal Boxes  
Oatmeal Packs

Cereal Bars  
Pop Tarts  
Little Bites Muffins

Lunch Items:

Easy Mac  
Ramen Noodles  
Cup of Noodles

Dinner Items:

Chef Boyardee Ravioli Cups  
Soup Cans/Cups

SpaghettiOs

**Easy pop-top containers and single servings are appreciated.  
NO glass items**